

Observation of multimodal interference in millimeter-long polymer optical fibers

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Abstract We observe multimodal interference in single-mode-multimodesingle-mode sensors comprising short polymer optical fibers (POFs) with lengths from 100 mm down to 7 mm. Characteristic spectral peaks/dips are observed not in the conventionally used telecom band but around 1000 nm. We find that the dip wavelength depends on temperature but that the sensitivity is much lower than those obtained in the longer wavelength range when longer POFs are used. We discuss the possibility that, even with the reduced sensitivity, our success in observing multimodal interference in millimeter-long optical fibers will be a basis toward the combined use of frequency and intensity information in conventional fiber-optic single-point sensors for discriminative measurement of multiple physical parameters.

Keywords: optical fiber sensors, multimodal interference **Classification:** Optical hardware

1. Introduction

Sensing technology of strain and temperature using optical fibers has been an active area of research for many decades, and a wide variety of configurations have been developed thus far. They operate based on fiber Bragg gratings [1, 2, 3], long-period gratings [4, 5], Brillouin scattering [6, 7, 8, 9], Raman scattering [10, 11], optical interference [12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24], and many others. Among numerous types of interference-based sensors, those based on intermodal interference in multimode fibers (MMFs) have recently attracted a considerable attention owing to their system simplicity and cost efficiency. Of all the multimodal-interference-based sensors previously developed, which are well summarized in Table 1 in Ref. [12], the most widely used configuration is what is called a "single-mode-multimode-single-mode" (SMS) structure [13, 14, 15, 16, 17, 18, 19, 20], in which two single-mode fibers (SMFs) sandwich an MMF.

To date, the strain and temperature sensitivities of various SMS sensors have been extensively investigated. When a 1.8-m-long silica graded-index (GI-) MMF was used, a strain sensitivity of +18.6 pm/ μ *e* and a temperature sensitivity of +58.5 pm/°C were obtained at 1550 nm [13]. Note that the sensitivities are known to be strongly dependent on optical wavelength; not only their absolute values but also their signs depend on a so-called critical wave-

length [14], which varies depending on the material and structure of the SMS sensors. As silica glass fibers are relatively fragile and cannot withstand large strain, to extend the strain dynamic range, a 160-mm-long polymethyl methacrylate (PMMA)-based step-index polymer optical fiber (POF) was used as an MMF, leading to a strain sensitivity of $-1.72 \text{ pm}/\mu\epsilon$ and a temperature sensitivity of -56.8 pm/°C at 1570 nm [15]. However, the propagation loss of PMMA-based POFs at telecom wavelength is extremely high ($\gg 1 \times 10^5 \text{ dB/km}$). To tackle this issue, we have recently implemented SMS-based strain and temperature sensors using perfluorinated (PF) GI-POFs [16, 17, 18, 19, 20, 21, 22], which are the only POFs with a relatively low propagation loss even at telecom wavelength (~250 dB/km at 1550 nm; ~50 dB/km at 1300 nm). Using a PFGI-POF with a length of 1.0 m and a core diameter of 62.5 μ m, we obtained a strain sensitivity of $-111.8 \text{ pm}/\mu\epsilon$ and a temperature sensitivity of +49.8 nm/°C at 1300 nm [16]; these large absolute values suggest that PFGI-POFbased SMS sensors are extremely sensitive to strain and temperature compared with other SMS sensors composed of silica MMFs or PMMA-POFs.

To enhance the usability of the PFGI-POF-based SMS sensors, instead of a conventional two-end-access (or transmissive) configuration, we have implemented a single-endaccess (or reflectometric) configuration and proved its appropriate sensing operation [19]. We have also experimentally clarified that the strain and temperature sensitivities do not largely depend on the length of a POF, when the length is > 300 mm [19]. If this trend holds true even when the POF length is much shorter than 300 mm, we may be able to develop a fiber-tip-type local-temperature sensor with a high sensitivity (note that, as it is difficult to directly use such a short POF attached at the fiber tip for strain sensing, hereafter we focus on temperature sensing). However, no previous reports have verified whether multimodal interference can be observed in extremely short POFs (not in silica MMFs, either); the influence of the POF length on the temperature sensitivity also remains unclarified.

In this work, we make an attempt to observe multimodal interference in SMS sensors using short PFGI-POFs with lengths from 100 mm down to 7 mm. We show that spectral peaks/dips induced by multimodal interference are not observed in the conventionally used wavelength range (near the telecom band) but that they can be observed in the shorter wavelength range around 1000 nm. In this range, the dip wavelengths are clearly dependent on temperature, but the sensitivities are much lower than those of longer

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POFs measured in the longer wavelength range. Thus, it appears to be difficult to fabricate fiber-tip-type temperature sensors with high sensitivities by this method, but our finding that multimodal interference can be observed even in millimeter-long optical fibers will add a new functionfrequency-based sensing function-to some of the conventional intensity-based single-point fiber sensors.

2. Principle

A conventional transmissive SMS structure is composed of an MMF sandwiched by two SMFs. When the output of a broadband light source is injected into one of the SMFs, the transmitted light exhibits multiple characteristic dips (or peaks) in its spectrum, induced by multimodal interference. Refer to previous literatures [19, 23, 24] for its detailed operating mechanism. The intervals of the neighboring dips are inconstant both in wavelength and frequency. When strain or temperature change is applied to the MMF, these dips shift to longer or shorter wavelengths. The dependence coefficients including their signs are determined by a critical wavelength $\lambda_{\rm C}$ [14]. Under the assumption that the MMF and the SMFs are axially aligned, the signs become opposite between the wavelength ranges shorter and longer than $\lambda_{\rm C}$, and the absolute values become larger when the dips are closer to $\lambda_{\rm C}$. Thus, though an exception based on spectral correlation has been reported [19], we basically need to select one of the dips suitable for our specific applications. If a higher sensitivity is preferable, the dip nearest to $\lambda_{\rm C}$ should be used; while if a wider strain/temperature dynamic range is preferable, it may not be the best dip to be selected. To date, when the MMF is a PFGI-POF, a dip around 1350 nm has been often used for its higher sensitivity [16, 19, 20].

An SMS structure can be implemented using an MMF and a single SMF in a reflectometric manner, where the Fresnel reflection at the open end of the MMF is exploited. Using the same PFGI-POF, we compared the sensing performances between the transmissive and reflectometric configurations at ~1350 nm, and found that the strain and temperature sensitivities are almost identical regardless of the configurations [19]. This fact indicates that the sensitivities do not change when the POF length is doubled. We then investigated the sensitivity dependence on the POF length (>300 mm) using the transmissive configuration, and clarified that the sensitivities do not exhibit a clear dependence on the POF length [19]. However, multimodal interference has not been observed in POFs or silica MMFs much shorter than 300 mm; the shortest MMF in which multimodal interference has been observed is the aforementioned PMMA-POF with a length of 160 mm (actually, limited by its high propagation loss) [15]. Considering that the visibility of the spectral dips/peaks tends to be reduced with decreasing fiber length (refer to the discussion on a socalled refocus-length) [21], it is a challenge to observe multimodal interference in a millimeter-long POF.

3. Experimental setup

with a core diameter of 50 µm, a cladding diameter of 70 µm, and a overcladding diameter of 490 µm. The core and cladding layers were doped and undoped polyperfluorobutenylvinyl ether, respectively. The refractive indices at the center of the core and in the cladding layer were approximately 1.356 and 1.342, respectively, which do not largely depend on optical wavelength. An overcladding layer was composed of polycarbonate, which was coated on the cladding to improve the load-bearing capability. The lengths of the POFs were 100 mm, 40 mm, and 7 mm.

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The experimental setup of the SMS-based temperature sensor using the PFGI-POF is depicted in Fig. 1. The output of a supercontinuum source (SCS) covering a wide band from 460 to 2000 nm (output power: 75 mW) was injected into the POF via a 2.5-m-long SMF. The light transmitted through the POF was injected into another 3.0m-long SMF, and its spectrum was observed using an optical spectrum analyzer (OSA; bandwidth: 600-1700 nm). The optical couplings between the POF and the SMFs were performed using a butt-coupling technique [26]. As the POF was short, its whole length was, along with the couplings to SMFs, placed in a thermostatic chamber and heated from room temperature ($\sim 20^{\circ}$ C) up to $\sim 55^{\circ}$ C. The whole setup was fixed during all the measurements, leading to a negligible change in the polarization state.



Fig. 1. Experimental setup for investigating the temperature sensitivity of single-mode-multimode-single-mode sensors involving short polymer optical fibers (POFs) with different lengths. OSA, optical spectrum analyzer; SCS, supercontinuum source; SMF, single-mode fiber.

4. Experimental results

The measured spectra of the SCS output and the light transmitted through the 100-mm-long POF around 1350 nm are shown in Fig. 2(a). The result with a 1.0-m-long POF is also included for comparison. When the POF length was 1.0 m, clear dips caused by multimodal interference were observed at the wavelengths where no dips were observed in the SCS output. However, when the POF length was 100 mm, no clear dips were observed in this range; we confirmed that, when the POF was heated, almost no spectral change was observed. This is natural considering the aforementioned fact that the visibility of the peaks/dips tends to be reduced with decreasing length of the POF. Then, we scanned the wavelength range to be monitored from 600 to 1700 nm, and found that a characteristic spectral pattern involving multiple dips can be observed around 1000 nm even when the POF length was 100 mm. The locations of the dips were not identical to those in the SCS output. In addition, the intervals between the neighboring dips were not constant in the frequency domain, which indicates that this pattern does not originate from a fiber Fabry-Perot cavity [27, 28]. Thus, we conclude that this pattern was caused by multimodal interference.

The MMFs used in the experiment were PFGI-POFs [25]



Fig. 2. Measured optical spectra of the supercontinuum source (SCS) output and the light transmitted through the POFs. (a) When the POF lengths were 1.0 m and 100 mm; around 1350 nm. (b) When the POF length was 100 mm; around 1000 nm. The red circle indicates the dip used for investigating the temperature dependence.

For all the POFs shorter than 100 mm, similar spectral patterns were observed around 1000 nm.

Subsequently, we measured the temperature dependence of the one of the dips around 1000 nm (the one closest to 1000 nm; indicated by a red circle in Fig. 2(b)) when the POF length was 100 mm; see Appendix for the validity of selecting this dip. The spectral dependence on temperature is shown in Fig. 3(a). All the measured spectra were vertically shifted and normalized so that the dip power became 0. With increasing temperature, the dip shifted to longer wavelength. Then, we plotted the dip wavelength as a function of temperature (Fig. 3(b)). The dependence was almost linear in this range, and the dependence coefficient was 83.5 pm/°C. We also measured the temperature dependencies of the spectral dips and the dip wavelengths when POFs with lengths of 40 mm and 7 mm were used (Figs. 3(c)-(f)). Regardless of the POF lengths, similar trends were obtained, and the dependence coefficients were 80.3 pm/°C and 93.8 pm/°C for the 40-mm-long and 7mm-long POFs, respectively. These values are approximately 100 times smaller than those measured around 1350 nm using POFs longer than 300 mm [19], probably because of the different wavelength ranges where spectral dips can be observed. Another finding is that, when a POF is shorter than 100 mm, the temperature sensitivity did not largely depend on the POF length, which is the same trend as that of longer POFs. We can interpret that the sensitivity does not largely depend on the POF length as long as the wavelength range used for the measurement is identical.

5. Discussion

When the POF length was shorter than 100 mm, the obtained temperature sensitivity was much lower than those with longer POFs. As the most important advantage of SMS-based temperature sensors using PFGI-POFs is their high sensitivity, it is not beneficial to fabricate a fiber-tiptype temperature sensor using such a short POF. However, our success in observing multimodal interference in a millimeter-long MMF, even with a low temperature sensitivity, has enormous significance in terms of adding a new function to intensity-based fiber-optic point sensors. One example is what they call hetero-core sensors [29, 30], which are composed of a short small-core SMF sandwiched between two larger-core SMFs. They are used to



Fig. 3. Measured temperature dependencies of the normalized spectra and the dip wavelengths. (a) spectrum, 100-mm-long POF; (b) wavelength, 100-mm-long POF; (c) spectrum, 40-mm-long POF; (d) wavelength, 40-mm-long POF; (e) spectrum, 7-mm-long POF; (f) wavelength, 7-mm-long POF. The solid lines in (b), (d), and (f) are linear fits.

measure various physical parameters such as deformation, pressure [29], and acidity [30], based on optical loss (i.e., intensity information) induced at the hetero-core parts. As multiple propagation modes including cladding modes exist in a small-core SMF, multimodal interference could also be observed in this configuration. If frequency-based sensing function is added to the conventional intensity-based operating mechanism of hetero-core sensors, discriminative sensing of multiple parameters will be feasible. Another example is swelling-clad-based POF sensors [31, 32], in which claddings are partially removed and replaced with swelling polymer. Based on optical loss, some parameters such as ambient humidity [31] and alkane [32] can be measured. As the number of the propagation modes at the cladding-removed part is different from those of other parts, multimodal interference could also be observed in this kind of sensor. Thus, our finding will be a basis for the combined use of intensity and frequency information in conventional single-point sensors.

6. Conclusion

Multimodal interference was observed, for the first time to the beset of our knowledge, in SMS sensors using short PFGI-POFs with lengths of 100 mm, 40 mm, and 7 mm. Spectral dips were observed not in the conventionally used telecom band but in the shorter wavelength range around 1000 nm. The dip wavelengths showed a clear dependence on temperature, but regardless of the POF length, the sensitivities were approximately 100 times lower than the values previously reported with longer POFs in the longer wavelength range. This result indicates that it is not beneficial to fabricate fiber-tip-type temperature sensors based on multimodal interference in short POFs because of the difficulty in obtaining high sensitivities. However, we anticipate that the observation of multimodal interference in millimeter-long optical fibers will open up a new way to adding a frequency-based sensing function to some of the conventional intensity-based single-point sensors.

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Appendix

When a 100-mm-long POF was used, the spectrum of the transmitted light had more than 10 dips around 1000 nm, as shown in Fig. 2(b). We selected a particular dip and investigated its temperature dependence. However, as the temperature sensitivity has been reported to depend on optical wavelength [14], it may not be fair to evaluate the sensing performance using only a single dip. Here, we measure the difference in the temperature sensitivities of the different dips. Fig. A·1(a) shows the temperature dependence of the spectrum of the transmitted light around 1000 nm when the 100-mm-long POF was used. We selected two dips (located at ~962 nm and ~1045 nm when temperature was 52.1° C; indicated by red circles) and measured their wavelength dependencies on temperature,



Fig. A·1. (a) Temperature dependence of the spectrum of the transmitted light around 1000 nm when the POF length was 100 mm. The red circles indicate the measured dips. (b, c) The temperature dependencies of the two dip wavelengths. The solid lines are linear fits.

as shown in Figs. A·1(b) and (c). The dependencies were both almost linear, and the coefficients of the dips at shorter and longer wavelengths were 157 pm/°C and 69.4 pm/°C, respectively. Although the former is approximately 2.3 times higher than the latter, this result suggests that the selection of an arbitrary dip does not alter the conclusion that the obtained sensitivity around 1000 nm is by far lower than those in the telecom band.

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